

FLEXADRIN GOLD™ Capsules

PATIENT INFORMATION LEAFLET

Complementary medicine: Health Supplement. D.34.3

SCHEDULING STATUS:

Scheduled 0

PROPRIETY NAME AND DOSAGE FORM:

Flexadrin™ Gold Capsules

Read this leaflet carefully because it contains important information for you

Flexadrin™ Gold Capsules is available without a doctor's prescription.

- Keep this leaflet. You may need to read it again.
- Do not share Flexadrin™ Gold Capsules with any other person
- Ask your doctor, pharmacist or healthcare provider if you need more information or advice

1. WHAT FLEXADRIN™ GOLD CAPSULES CONTAINS:

Per one Capsule contains:

UC-11® (Undenatured Type 2 Collagen) 40 mg

Inactive: calcium phosphate, talc purified

2. WHAT FLEXADRIN™ GOLD CAPSULES IS USED FOR:

Flexadrin™ Gold is used to support joint health.

3. BEFORE YOU TAKE/USE/GIVE FLEXADRIN™ GOLD CAPSULES:

Do not take Flexadrin™ Gold Capsules:

- If you are known to be hypersensitive (allergic) to (active ingredient) or any of the ingredients. (see; COMPOSITION)

Always tell your health care provider if you are taking any other medicine.

Pregnancy and breastfeeding:

Flexadrin™ Gold Capsules is not recommended for pregnant and lactating mothers to use this medicine. Safety and efficacy on these conditions has not been investigated.

Important information about some of the ingredients of Flexadrin™ Gold Capsules:

Inactive: All inactive ingredient added on the formulation of Flexadrin™ Gold Capsules are known to be well tolerated.

Taking/ Giving/ Using other medicines with Flexadrin™ Gold Capsules:

Always tell your healthcare provider if you are taking any other complementary or traditional medicine before taking/using Flexadrin™ Gold Capsules.

4. HOW TO USE FLEXADRIN™ GOLD CAPSULES

Do not share medicine with any other person.

Take one Flexadrin™ Gold Capsule daily after breakfast

Take the Capsule with sufficient quantity of liquid (e.g. one glass of water) Always take Flexadrin™ Gold exactly as per recommendation of the Package Insert or by your health care provider and if you are unsure. In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

If you use more Flexadrin™ Gold Capsules than you should:

Do not take more than recommended dose. (See Package Insert)

In the event of overdosage, consult your doctor, pharmacist or healthcare provider. If neither is available, contact the nearest hospital or poison centre.

If you forget to take / missed a dose of Flexadrin™ Gold Capsules:

Do not take double dose to make up for forgotten individual doses.

5. POSSIBLE SIDE EFFECTS

There have not been cases of frequent or less frequent side effects reported when taking Flexadrin™ Gold Capsules

Only in rare cases or hypersensitivity reaction you may experience the following side effects: Gastro intestinal disturbances. However, you should consult with your healthcare provider before taking any dietary supplement ingredient. If you notice any side effects not mentioned in this leaflet after taking Flexadrin™ Gold Capsules, stop immediately the use of the product and consult your healthcare provider please inform your healthcare provider.

6. STORAGE CONDITION

Store all medicines out of reach of children.

Store in a cool, dry place below or at 25°C.

Keep the container in the original packaging and in an outer carton.

Protect from light.

Do not store in a bathroom.

Do not use after expiry date stated on the label /carton and on the bottle.

Do not use Flexadrin™ Gold Capsules if you notice any visible signs of deterioration.

Return all unused medicine to your pharmacist/ supplier.

Do not dispose of unused medicines in drains or sewage systems.

7. PRESENTATION OF FLEXADRIN™GOLD CAPSULES

White capsules blister packed in 30's in an outer carton.

8. IDENTIFICATION OF FLEXADRIN™GOLD CAPSULES

White capsules.

9. REGISTRATION NUMBER

Will be allocated by Council upon registration.

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

10. NAME AND ADDRESS OF REGISTRATION HOLDER

Kenza Health (Pty) Ltd

Suite 177, Private BagX7,

Northriding, 2162

11. DATE OF PUBLICATON

February 2022. Ver: 001

FLEXADRIN GOLD™ Capsules

PASIËNTINLIGTINGSBLAADJIE

Komplimentêre medisyne: Gesondheidsaanvulling D.34.3

BYLAE STATUS:

Geskeduleer 0

EIENDOM NAAM EN DOSISVORM:

Flexadrin™ Gold Capsules

Lees hierdie blaadjie sorgvuldig deur omdat dit belangrike inligting bevat

Flexadrin™ Gold Capsules is beskikbaar sonder doktersvoorskrif.

- Hou hierdie pamflet. Jy sal dit dalk weer moet lees.
- Moet nie Flexadrin™ Gold Capsules met enige ander persoon deel nie.
- Vra jou dokter, apteker of gesondheidsorgverskaffer as jy meer inligting of advies nodig het.

1. WAT FLEXADRIN™ GOLD CAPSULES INSKRYF:

Per een kapsule bevat:

UC-11® (Onoorwonne Tipe 2 Kollageen) 40 mg

Onaktief: kalsiumfosfaat, talk gesuiwer

2. WAT FLEXADRIN™ GOLD CAPSULES WORD GEBRUIK VIR:

Flexadrin™ Gold Capsule is gebruik om gesamentlike gewrigs gesondheid te ondersteun

3. VOORDAT U FLEXADRIN™ GOLD CAPSULES GEBRUIK / GEBRUIK / GEE:

Moenie Flexadrin™ Gold Capsules gebruik nie:

- As jy bekend is dat dit hipersensitief (allergies) is vir (aktiewe bestanddeel) of enige van die bestanddele. (sien; SAMESTELLING)
- Moet nie Flexadrin™ Gold Capsules neem of gebruik as jy 'n vegetariër is nie.

Vertel altyd jou gesondheidsorgverskaffer as jy enige ander medisyne gebruik.

Swangerskap en borsvoeding:

Flexadrin™ Gold Capsules word nie aanbeveel vir swanger en lakterende moeders om hierdie medisyne te gebruik nie. Veiligheid en doeltreffendheid onder hierdie toestande is nie ondersoek nie.

Belangrike inligting oor sommige van die bestanddele van Flexadrin™ Gold Capsules:

Onaktief: Alle onaktiewe bestanddele wat op die formulering van Flexadrin™ Gold Capsules bygevoeg word, is goed geduld.

Neem / Gee / Gebruik ander medisyne met Flexadrin™ GOLD CAPSULES:

Vertel altyd jou gesondheidsorgverskaffer as jy enige ander aanvullende of tradisionele medisyne gebruik voordat jy Flexadrin™ Gold Capsules gebruik.

4. HOE GEBRUIK FLEXADRIN™ GOLD CAPSULES

Moenie medisyne met enige ander persoon deel nie.

Neem een Flexadrin™ Gold Capsules daaglik na etes.

Neem die Capsule met voldoende hoeveelheid vloeistof (bv. Een glas water). Neem altyd Flexadrin™ Gold, soos per aanbeveling van die pakketinvoer of deur u gesondheidsorgverskaffer, en as u onseker is.

In geval van oordosering, raadpleeg u dokter of apteker. Indien nie beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

As u meer Flexadrin™ Gold Capsules gebruik as wat u moet:

Moenie meer as die aanbevole dosis inneem nie. (Sien pakketinvoegsel)

Raadpleeg u dokter, apteker of gesondheidsorgverskaffer in die geval van oordosering. As dit nie beskikbaar is nie, kontak die naaste hospitaal of gifsentrum.

As u vergeet om 'n dosis Flexadrin™ Gold Capsules te neem / gemis:

Moenie dubbel dosis neem om vergete individuele dosisse te vergemaklik nie.

5. MOONTLIKE BIJWERKINGE

Daar was nie gevalle van gereelde of minder gereelde nowe-effekte wat gerapporteer is wanneer Flexadrin™ Gold Capsules geneem is nie

Slegs in seldsame gevalle of hipersensitiwiteitsreaksie kan u die volgende nowe-effekte ervaar:

- Gastro-intestinale versteurings.

U moet egter met u gesondheidsorgverskaffer oorleg pleeg voordat u enige voedingsaanvullings bestanddeel neem.

As u enige nowe-effekte sien wat nie in hierdie pamflet genoem word nie, nadat u Flexadrin™ Gold Capsules geneem het, moet u onmiddellik die gebruik van die produk stop en raadpleeg u gesondheidsorgverskaffer asseblief u gesondheidsorgverskaffer.

6. STORAGE VOORWAARDE

Bewaar alle medisyne buite bereik van kinders.

Berg in 'n koel, droë plek onder of by 25 ° C.

Hou die houer in die oorspronklike verpakking en in 'n buitenste karton.

Beskerm teen lig.

Moenie in 'n badkamer stoor nie.

Moet nie gebruik word na die vervaldatum wat op die etiket / karton en op die bottel aangedui word nie.

Moenie Flexadrin™ Gold Capsules gebruik as u enige sigbare tekens van agteruitgang sien nie.

Stuur alle ongebruikte medisyne na u apteker / verskaffer terug.

Moet nie ongebruikte medisyne in riool- of rioolstelsels verkoop nie.

7. AANBIEDING VAN FLEXADRIN™GOLD CAPSULES

Wit kapsules in 30's, in 'n buitenste karton geplaas.

8. IDENTIFIKASIE VAN FLEXADRIN™GOLD CAPSULES

Wit kapsules.

9. REGISTRASIENOMMER

Sal deur die Raad toegeken word by registrasie.

Hierdie ongeregistreerde medisyne is nie deur die SAHPRA geevalueer ten opsigte van kwaliteit, veiligheid of beoogde gebruik nie.

10. NAAM EN ADRES VAN REGISTRASIEHOUER

Kenza Health (Edms) Bpk

Suite 177, Private BagX7,

Northriding, 2162

11. DATUM VAN PUBLIKASIE

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