

MIBIOTIX DB DAILYBIOTIC CAPSULES

PATIENT INFORMATION LEAFLET

This leaflet tells you about MiBiotix DB DAILYBIOTIC CAPSULES.

Complementary medicine: Health Supplement.

SCHEDULING STATUS: S0

PROPRIETY NAME AND DOSAGE FORM:

MiBiotix DB DAILYBIOTIC CAPSULES (capsules).

Read all of this leaflet carefully because it contains important information for you.

MiBiotix DB DAILYBIOTIC CAPSULES are available without a doctor's prescription. Nevertheless, you still need to use MiBiotix DB DAILYBIOTIC CAPSULES carefully to get the best results from it.

Keep this leaflet. You may need to read it again.

Do not share MiBiotix DB DAILYBIOTIC CAPSULES with any other person.

Ask your pharmacist if you need more information or advice.

You must see a doctor if your symptoms worsen or do not improve.

1. WHAT MIBIOTIX DB DAILYBIOTIC CAPSULES CONTAINS:

10 Billion CFUs consisting of:

1 Billion CFU Lactobacillus Acidophilus Howaru,

2.5 Billion CFU Lactobacillus rhamnosus Howaru,

1.5 Billion CFU Lactobacillus salivarius Ls-33,

100 Million CFU Lactobacillus reuteri KP 1E1,

1 Billion CFU Lactobacillus gasseri Lg-36,

2 Billion CFU Bifidobacterium lactis Howaru,

1 Billion CFU Bifidobacterium longum Bl-05,

1 Million CFU Bifidobacterium Bifidum Bb-05,

1 Billion CFU Bacillus subtilis.

2. WHAT MIBIOTIX DB DAILYBIOTIC CAPSULES ARE USED FOR:

The bacteria found in the gut have many functions that are essential to general health and wellbeing. All health and wellbeing start with the gut. When taken on a regular basis MiBiotix DB DAILYBIOTIC CAPSULES will support the microflora balance in the gut and general health.

Remember to “Always start with your gut”.

3. BEFORE YOU TAKE/ USE/ ARE GIVEN/ ADMINISTERED MIBIOTIX DB DAILYBIOTIC CAPSULES:

Do NOT take/use MiBiotix DB DAILYBIOTIC CAPSULES:

If you are known to be hypersensitive (allergic) to (active ingredient) or any of the inactive ingredients.

Take special care with MiBiotix DB DAILYBIOTIC CAPSULES:

MiBiotix DB DAILYBIOTIC CAPSULES does not intend to prevent or cure any form of illness or disease and should not replace any medication. If you suffer from a chronic medical condition, consult your healthcare practitioner before using this product. Do not exceed the recommended dose.

Driving and using machinery:

No studies on the effect on the ability to drive or use machinery have been performed. It is unlikely that MiBiotix DB DAILYBIOTIC CAPSULES would affect your ability to drive or use machinery. However, please exercise care until you are certain that your ability to perform such activities is not affected.

Important information about some of the ingredients of MiBiotix DB DAILYBIOTIC CAPSULES:

All inactive ingredients added on the formulation of MiBiotix DB DAILYBIOTIC CAPSULES are known to be well tolerated.

Taking/ Giving/ Using other medicines with MiBiotix DB DAILYBIOTIC CAPSULES:

Always tell your healthcare professional if you are taking other medicines. (This includes complementary or traditional medicine). The use of MiBiotix DB DAILYBIOTIC CAPSULES with these medicines may cause undesirable interactions. Please consult your doctor, pharmacist or other healthcare professional for advice

4. HOW TO TAKE/ USE MIBIOTIX DB DAILYBIOTIC CAPSULES:

The usual dose is:

Take one MiBiotix DB DAILYBIOTIC Capsule daily after breakfast. Always take MiBiotix DB DAILYBIOTIC CAPSULES exactly as per recommendation of the Package Insert or by your health care provider and if you are unsure. If the symptoms worsen or persist, please consult your healthcare practitioner.

If you forget to take /miss a dose of MiBiotix DB DAILYBIOTIC CAPSULES:

Always take MiBiotix DB DAILYBIOTIC CAPSULES as prescribed. If you miss a dose, take it as soon as you remember. If you do not remember the missed dose until the next dose is due, skip the missed dose and go back to your regular dosing schedule (see “HOW TO TAKE MiBiotix DB DAILYBIOTIC CAPSULES”). Do not take a double dose to make up for forgotten individual doses.

5. POSSIBLE SIDE EFFECTS:

There has not been a case of any side effects reported when taking MiBiotix DB DAILYBIOTIC CAPSULES.

MiBiotix DB DAILYBIOTIC CAPSULES can have side effects.

Not all side effects reported for MiBiotix DB DAILYBIOTIC CAPSULES are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking MiBiotix DB DAILYBIOTIC CAPSULES, please consult your healthcare provider for advice. Please report/ inform your doctor or pharmacist if you notice any side effects not mentioned in this leaflet.

6. STORAGE AND DISPOSING OF MIBIOTIX DB DAILYBIOTIC CAPSULES:

Store all MiBiotix DB DAILYBIOTIC CAPSULES out of reach of children.

Store in a cool, dry place below or at 25 °C.

Keep the container in the original packaging and in an outer carton.

Protect from light.

Do not store in a bathroom.

Do not use after expiry date stated on the label/carton and on the bottle.

Do not use MiBiotix DB DAILYBIOTIC CAPSULES if you notice any visible signs of deterioration.

Return all unused MiBiotix DB DAILYBIOTIC CAPSULES to your pharmacist/supplier.

Do not dispose of unused MiBiotix DB DAILYBIOTIC CAPSULES in drains or sewage systems (e.g. toilets).

7. PRESENTATION OF MIBIOTIX DB DAILYBIOTIC CAPSULES:

MiBiotix DB DAILYBIOTIC CAPSULES are packed in 30's, in a white plastic bottle with a white cap in an outer carton.

8. IDENTIFICATION OF MIBIOTIX DB DAILYBIOTIC CAPSULES:

Containing a white powder packed in a DR vegetarian capsule.

9. REGISTRATION NUMBER:

Will be allocated by Council upon registration.

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

10. NAME AND ADDRESS OF REGISTRATION HOLDER:

Kenza Health (Pty) Ltd Suite 177, Private Bag X7, Northriding 2162
For professional information go to www.mibiotix.co.za

11. SCIENTIFIC SUPPORT

Lactobacilli are among the dominant bacterial species in the microflora of the small intestine, while bifidobacteria are one of the dominant species in the colon. Administering probiotic strains from both of these genera allows colonization and improvement of the microflora balance in both the upper and lower digestive tracts. Lactobacillus and Bifidobacterium are well-documented probiotic strains and, collectively, have been shown to benefit both digestive and immune health.

12. REFERENCES

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MIBIOTIX DB DAILYBIOTIC CAPSULES

PASIËNTINLIGTINGSBLAADJIE

Hierdie voubiljet bevat inligting oor MiBiotix DB DAILYBIOTIC CAPSULES.

Komplimentêre medisyne: Gesondheidsaanvulling.

BYLAE STATUS: S0

EIENDOMSNAAM (EN DOSISVORM):

MiBiotix DB DAILYBIOTIC CAPSULES (kapsules).

Lees die hele blaadjie sorgvuldig deur, want dit bevat belangrike inligting vir u.

MiBiotix DB DAILYBIOTIC CAPSULES is beskikbaar sonder die voorskrif van 'n dokter. U moet egter steeds MiBiotix DB DAILYBIOTIC CAPSULES versigtig gebruik om die beste resultate daarmee te verkry.

Hou hierdie pamflet. Jy sal dit dalk weer moet lees.

Moenie MiBiotix DB DAILYBIOTIC CAPSULES met enige ander persoon deel nie.

Vra jou apteker as jy meer inligting of advies benodig.

U moet 'n dokter raadpleeg indien u simptome vererger of nie verbeter nie.

1. WAT MIBIOTIX DB DAILYBIOTIC CAPSULES BEVAT:

10 Miljard KVEs bestaande uit:

1 Miljard KVE *Lactobacillus acidophilus* Howaru,

2.5 Miljard KVE *Lactobacillus rhamnosus* Howaru,

1.5 Miljard KVE *Lactobacillus salivarius* Ls-33,

100 Miljoen KVE *Lactobacillus reuteri* 1E1,

1 Miljard KVE *Lactobacillus gasseri* Lg-36,

2 Miljard KVE *Bifidobacterium lactis* Howaru,

1 Miljard KVE *Bifidobacterium longum* Bl-05,

1 Miljoen KVE *Bifidobacterium bifidum* Bb-05,

1 Miljard KVE *Bacillus subtilis*.

2. WAARVOOR MIBIOTIX DB DAILYBIOTIC CAPSULES GEBRUIK WORD:

Bakterieë in die dermkanaal het baie funksies wat

noodsaaklik is vir algemene gesondheid en welwees.

Alle gesondheid en welwees begin by die dermkanaal.

Gereelde gebruik van MiBiotix DB DAILYBIOTIC CAPSULES sal die mikroflorabalans in jou dermkanaal en jou algemene gesondheid ondersteun.

Onthou om “Altyd by jou dermkanaal te begin”.

3. VOORDAT U MIBIOTIX DB DAILYBIOTIC CAPSULES NEEM:

Moenie MiBiotix DB DAILYBIOTIC CAPSULES gebruik as:

jy bewus is daarvan dat jy hipersensitief (allergies) is vir (aktiewe bestanddeel) of enige van die bestanddele.

Neem Spesiale sorg met MiBiotix DB DAILYBIOTIC CAPSULES:

MiBiotix DB DAILYBIOTIC CAPSULES beoog nie om enige ongesteldheid of siektetoestand te genees nie en moet nie enige medikasie vervang nie. Mense wat aan 'n chroniese mediese toestand ly moet hulle gesondheidspraktisyn raadpleeg voor hulle hierdie produk gebruik. Moenie die voorgeskrewe dosis oorskry nie.

Bestuur en die gebruik van masjinerie:

Geen navorsingstudies is uitgevoer oor die effek op die vermoë om te bestuur of masjinerie te hanteer nie. Dit is onwaarskynlik dat MiBiotix DB DAILYBIOTIC CAPSULES die vermoë om te bestuur of masjinerie te gebruik sal beïnvloed. Wees egter versigtig tot u seker is u vermoë om hierdie aktiwiteite uit te voer word nie beïnvloed nie.

Belangrike inligting oor sommige van die bestanddele van MiBiotix DB DAILYBIOTIC CAPSULES:

Al die onaktiewe bestanddele wat op die formulering van MiBiotix DB DAILYBIOTIC CAPSULES gevoeg word, word goed verdra.

Die neem van ander medisyne saam met MiBiotix DB DAILYBIOTIC CAPSULES:

Lig altyd u gesondheidpraktisyn in wanneer u medisyne neem. (Dit sluit in komplementêre of tradisionele medisyne). Die gebruik van MiBiotix DB DAILYBIOTIC CAPSULES saam met hierdie medisyne mag ongewenste wisselwerkings veroorsaak. Raadpleeg asseblief u dokter, apteker of ander professionele gesondheidsorgwerker vir advies.

4. HOE OM MIBIOTIX DB DAILYBIOTIC CAPSULES TE GEBRUIK

Die gewone dosis is:

Neem een MiBiotix DB DAILYBIOTIC CAPSULES, daaglik na ontbyt.

Neem MiBiotix DB DAILYBIOTIC CAPSULES altyd volgens aanbevelings van die pakketinvoer of deur u gesondheidsorgverskaffer en indien u onseker is. As die simptome vererger of voortduur, raadpleeg 'n gesondheidsorgpraktisyn.

As jy vergeet om 'n dosis MiBiotix DB DAILYBIOTIC CAPSULES te neem:

Neem MiBiotix DB DAILYBIOTIC CAPSULES altyd soos voorgeskryf. Indien u 'n dosis vergeet het, neem dit sou gou as wat u onthou. Indien u egter nie van die vergete dosis onthou voordat dit tyd is vir die volgende dosis is nie, slaan die vergete dosis oor en keer terug na u gewone doseringskedule (sien "HOE OM MiBiotix DB DAILYBIOTIC CAPSULES TE GEBRUIK"). Moenie 'n dubbele dosis neem om te vergoed vir die oorgeslane individuele dosis nie.

5. MOONTLIKE NEWE EFFEKTE

Daar was nie gevalle van enige newe-effekte gerapporteer wanneer MiBiotix DB DAILYBIOTIC CAPSULES geneem word nie.

MiBiotix DB DAILYBIOTIC CAPSULES kan newe-effekte hê.

Nie alle newe-effekte wat vir MiBiotix DB DAILYBIOTIC CAPSULES gemeld is, is in hierdie inligtingstuk vervat nie. Indien u algemene gesondheid agteruitgaan of u ongewenste wisselwerkings ervaar terwyl MiBiotix DB DAILYBIOTIC CAPSULES gebruik, raadpleeg asseblief u gesondheidsorgvoorsiener vir advies. Lig asseblief u dokter of apteker in indien u enige newe-effekte opmerk wat nie in hierdie inligtingstuk genoem word nie.

6. BERGING EN WEGDOEN VAN MIBIOTIX DB DAILYBIOTIC CAPSULES:

Bewaar alle MiBiotix DB DAILYBIOTIC CAPSULES buite bereik van kinders.

Berg in 'n koel, droë plek onder of by 25 ° C.

Hou die houer in die oorspronklike verpakking en in 'n buitenste karton.

Beskerm teen lig.

Moenie in 'n badkamer stoor nie.

Moet nie gebruik word na die vervaldatum wat op die etiket / karton en op die bottel aangedui word nie.

Moenie MiBiotix DB DAILYBIOTIC CAPSULES gebruik as u enige sigbare tekens van agteruitgang sien nie.

Stuur alle ongebruikte MiBiotix DB DAILYBIOTIC CAPSULES na u apteker / verskaffer terug.

Moet nie ongebruikte MiBiotix DB DAILYBIOTIC CAPSULES in riool- of rioolstelsels gooi nie (byvoorbeeld toilette).

7. AANBIEDING VAN MIBIOTIX DB DAILYBIOTIC ADULT CAPSULES:

MiBiotix DB DAILYBIOTIC CAPSULES is verpak in 30's, in 'n wit plastiekbottel met 'n wit dop en in 'n buitenste karton.

8. IDENTIFIKASIE VAN MIBIOTIX DB DAILYBIOTIC ADULT CAPSULES:

Wit poeier verpak in n DR vegetariese kapsule.

9. REGISTRASIENOMMER:

Sal deur die Raad toegeken word by registrasie.

Hierdie ongeregistreerde medisyne is nie deur die SAHPRA geevalueer ten opsigte van kwaliteit, veiligheid of beoogde gebruik nie.

10. NAAM EN ADRES VAN DIE HOUER VAN DIE REGISTRASIE:

Kenza Health (Edms) Bpk Suite 177, Private BagX7, Northriding 2162

Vir proffessionele inligting gaan na www.mibiotix.co.za

11. DATUM VAN PUBLIKASIE:

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