

MIBIOTIX URINARY TRACT

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS:

Scheduled O

PROPRIETY NAME AND DOSAGE FORM:

MIBIOTIX URINARY TRACT CAPSULES

Read this leaflet carefully because it contains important information for you

MIBIOTIX URINARY TRACT is available without a doctor's prescription.

- Keep this leaflet. You may need to read it again.
- Do not share MIBIOTIX URINARY TRACT Capsules with any other person
- Ask your doctor, pharmacist or healthcare provider if you need more information or advice

1. WHAT MIBIOTIX URINARY TRACT CONTAINS:

One Capsule contains:

Vaccinium macrocarpon: 500mg (Cranberry whole fruit powder 32:1),
2 Billion CFU Lactobacillus rhamnosus,
1 Billion CFU Lactobacillus reuteri,
1 Billion CFU Lactobacillus gasseri,
1 Billion CFU Bacillus subtilis

2. WHAT MIBIOTIX URINARY TRACT IS USED FOR:

When taken on a regular basis MIBIOTIX URINARY TRACT Capsules will help support and maintain a healthy urinary tract system.

All health and wellness start with the gut. Remember to "Always start with your gut".

3. BEFORE YOU GIVE /TAKE MIBIOTIX URINARY TRACT:

Do not take MIBIOTIX URINARY TRACT:

- If you are known to be hypersensitive (allergic) to (active ingredient) or any of the ingredients. (see: **1. WHAT MIBIOTIX URINARY TRACT CONTAINS:**)
- Do not use if you are alcohol dependency, patients with liver disease, diabetic and patience with kidney stones.
- If you are pregnant or breastfeeding your baby. (see: **Pregnancy and Breastfeeding**)

Take special care with MIBIOTIX URINARY TRACT

MiBiotix URINARY TRACT Capsules does not intend to prevent or cure any form of illness or disease and should not replace any medication. If you suffer from a chronic medical condition, consult your healthcare practitioner before taking/using MiBiotix URINARY TRACT Capsules.

Pregnancy and Breastfeeding

If you are pregnant or breastfeeding your baby, please consult your health care provider for advice before taking MiBiotix URINARY TRACT Capsules.

Important information about some of the ingredients of MIBIOTIX URINARY TRACT:

Inactives: all inactive ingredients added to the formulation of MIBIOTIX URINARY TRACT Capsules are known to be well tolerated.

Taking/ Giving/ Using other medicines with MIBIOTIX URINARY TRACT:

The use of MiBiotix URINARY TRACT Capsule with other medicines may cause undesirable interactions.
Always tell your healthcare provider if you are taking any other medicines (This includes complementary or traditional medicines) before taking/using MIBIOTIX URINARY TRACT Capsules.

4. HOW TO USE MIBIOTIX URINARY TRACT

Do not share medicine with any other person.

- Take two MIBIOTIX URINARY TRACT capsules per day

Take the Capsules with sufficient quantity of liquid (e.g. one glass of water)

Always take MIBIOTIX URINARY TRACT Capsules exactly as per recommendation of the Package Insert or by your health care provider and if you are unsure.

If you use more MIBIOTIX URINARY TRACT than you should:

Do not take more than recommended dose. (See: **4. How TO USE**)

In the event of overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control center.

If you forget to take or missed a dose of MIBIOTIX URINARY TRACT:

If you miss a dose, take as soon as you remember the missed dose, if you don't remember the missed dose, skip the missed dose go back and continue with your regular dosing schedule (see: **4. HOW TO USE**)

Do not take double dose to make up for forgotten individual doses.

5. POSSIBLE SIDE EFFECTS

There have been no cases of side effects reported when taking MIBIOTIX URINARY TRACT Capsules.

Not all side effects are included in this leaflet.

However, you should consult your healthcare provider or pharmacist for advice should your general health worsen or experience untoward side effects while using MiBiotix URINARY TRACT Capsules.

If you notice any side effects after taking MIBIOTIX URINARY TRACT Capsules, stop immediately and consult your healthcare provider for advice.

6. STORAGE CONDITION

Store all medicines out of reach of children

Store in a cool, dry place below or at 25 °C.

Keep the container in the original packaging and in an outer carton.

Protect from light.

Do not store in a bathroom.

Do not use after expiry date stated on the label /carton and on the bottle.

Do not use MIBIOTIX URINARY TRACT Capsules if you notice any visible signs of deterioration (e.g. bad smell, cracks)

Return all unused medicine to your pharmacist/ supplier.

Do not dispose of unused medicines in drains or sewage systems (e.g. drains or toilet).

7. PRESENTATION OF MIBIOTIX URINARY TRACT

MiBiotix URINARY TRACT Capsules is encapsulated in a white plant-based gelatine capsule packed in a white bottle in an outer carton, presented in 60's pack sizes.

8. IDENTIFICATION OF MIBIOTIX URINARY TRACT

Containing a red powder encapsulated in a white vegetarian capsule

9. REGISTRATION NUMBER

Date of Registration of Medicines:

[Will be allocated by Council (SAHPRA) upon registration]

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

10. NAME AND ADDRESS OF REGISTRATION HOLDER

MyHealth365 (Pty) Ltd
Suite 177, Private Bag X7,
Northriding
2162

11. DATE OF PUBLICATON

September 2026

Ver: PI 075.003.09.26

MIBIOTIX URINARY TRACT PASIËNTINLIGTINGSBLAADJIE

BYLAE STATUS:
Geskeduleer 0

EIENDOM NAAM EN DOSISVORM:
MIBIOTIX URINARY TRACT KAPSULE

Lees hierdie blaadjie sorgvuldig deur omdat dit belangrike inligting bevat

MIBIOTIX URINARY TRACT Kapsule is beskikbaar sonder die voorskrif van 'n dokter.

- Hou hierdie pamflet. Jy sal dit dalk weer moet lees.
- Moet nie MIBIOTIX URINARY TRACT Kapsule met enige ander persoon deel nie.
- Vra jou dokter, apteker of gesondheidsorgverskaffer as jy meer inligting of advies nodig het.

1. WATTER MIBIOTIX URINARY TRACTKAPSULES BEHOU:

Een kapsule bevat:

Vaccinium macrocarpon: 500mg (Cranberry heel vrugte poeier 32:1),

2 Miljard KVE Lactobacillus rhamnosus,

1 Miljard KVE Lactobacillus reuteri,

1 Miljard KVE Lactobacillus gasseri,

1 Miljard KVE Bacillus subtilis

2. WATTER MIBIOTIX URINARY TRACT WORD GEBRUIK VIR:

Wanneer dit gereeld geneem word, sal MIBIOTIX URINARY TRACT-kapsules help om 'n gesonde urienweë-stelsel te ondersteun en in stand te hou. Algehele gesondheid en welstand begin by die derm. Onthou om "altyd by jou derm te begin".

3. VOORDAT U MIBIOTIX URINARY TRACT GEE / ONTVANG:

Moet nie MIBIOTIX URINARY TRACT Kapsule neem nie:

- As jy bekend is dat dit hipersensitief (allergies) is vir (aktiewe bestanddeel) of enige van die bestanddele. (sien SAMESTELLING)
- Moenie gebruik as jy alkoholafhanklikheid, pasiënte met lewersiekte, diabetiese en geduld met nierstene is nie.

Vertel altyd jou gesondheidsorgverskaffer as jy enige ander medisyne gebruik. As u swanger is of borsvoed, raadpleeg u gesondheidsorgverskaffer vir advies voordat u hierdie medisyne gebruik.

Belangrike inligting oor sommige van die bestanddele van MIBIOTIX URINARY TRACT :

Onaktiewe: Onaktiewe bestanddele wat bygevoeg is op die formulering van MIBIOTIX URINARY TRACT Kapsule is bekend dat dit goed verdra word.

Neem / Gee / Gebruik ander medisyne met MIBIOTIX URINARY TRACT

Vertel altyd u gesondheidsorgverskaffer as u enige ander aanvullende of tradisionele medisyne gebruik voordat u MIBIOTIX URINARY TRACT-kapsules gebruik.

4. HOE OM MIBIOTIX URINARY TRACT TE GEBRUIK

Moenie medisyne met enige ander persoon deel nie.

Neem twee MIBIOTIX URINARY TRACT Kapsule kapsules per dag.

Neem die kapsules met voldoende hoeveelheid vloeistof (bv. Een glas water.)

Neem altyd MIBIOTIX URINARY TRACT Kapsule presies volgens aanbevelings van die pakketinvoer of deur u gesondheidsorgverskaffer en indien u onseker is.

In geval van oordosering, raadpleeg u dokter of apteker. Indien nie beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

As u meer MIBIOTIX URINARU TRACT gebruik as wat u moet:

Moet nie meer as die aanbevole doses neem nie. (Sien: 4. HOE OM TE GEBRUIK)

In die geval van oordosering, raadpleeg jou dokter of apteker.

As geen van beide beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

As u vergeet om 'n dosis MIBIOTIX URINARY TRACT te neem / gemis:

As jy 'n doses gemis het, neem dit sodra jy die gemiste doses onthou.

As jy nie die gemiste doses onthou nie, slaan die gemiste dosis oor en gaan voort met jou gewone doseringskedule (sien: 4. HOE OM TE GEBRUIK.)

Moet nie 'n dubbele dosis neem om vir vergeetagtige individuele dosisse in te haal nie.

5. MOONTLIKE NEWE EFFEKTIE

Daar is geen gevalle van gereelde of minder gereelde bywerkinge gerapporteer wanneer Mibiotix URINARY TRACT kapsules geneem word nie. Nie alle bywerkinge is in hierdie aansoeklys ingesluit nie.

Jy behoort eger jou gesondheidsorgverskaffer of apteker vir advies te raadpleeg as jou algemene gesondheid versleg of ervaar ongunstige nuwe-effekte tydens die gebruik van Mibiotix URINARY TRACT Kapsules.

As jy enige nuwe-effekte opmerk nadat jy Mibiotix URINARY TRACT Kapsules ingeneem het, hou dadelik op en raadpleeg jou gesondheidsverskaffer vir advies.

6. BERGINGSAAWYSINGS

Bewaar alle medisyne buite bereik van kinders

Berg in 'n koel, droë plek onder of by 25 ° C.

Hou die houer in die oorspronklike verpakking en in 'n buitenste karton.

Beskerm teen lig.

Moenie in 'n badkamer stoor nie.

Moet nie gebruik word na die vervaldatum wat op die etiket / karton en op die bottel aangedui word nie.

Moet nie Mibiotix URINARY TRACT Kapsule gebruik as u enige sigbare tekens van agteruitgang sien nie. (bv. slegte reuk enkrake)

Stuur alle ongebruikte medisyne na u apteker / verskaffer terug.

Moet nie ongebruikte medisyne in riool- of rioolstelsels weggooi nie. (bv. Drein en toilet)

7. AANBIEDING VAN MIBIOTIX URINARY TRACT

Mibiotix URINARY TRACT Kapsule is ingekapsuleer in 'n wit plantaardige gelatienkapsule, verpak in 'n wit bottel in 'n buitenste karton, en aangebied in 60's pakgroottes.

8. IDENTIFIKASIE VAN MIBIOTIX URINARY TRACT

Mibiotix URINARY TRACT Kapsule bevat 'n rooi poeier wat in 'n wit vegetariese kapsule ingekapsuleer is

9. REGISTRASIENOMMER

Datum van registrasie van medisyne:

[Sal deur die Raad (SAHPRA) toegewys word by registrasie]

Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer vir sy kwaliteit, veiligheid of bedoelde gebruik nie.

10. NAAM EN ADRES VAN REGISTRASIEHOUER

MyHealth365 (Pty) Ltd
Suite 177, Private Bag X7,
Northriding
2162

11. DATUM VAN PUBLIKASIE

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